



ASHLEY BALLET ARTS ACADEMY

Pre-Professional Study Schedule ~ June 24 - August 2, 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Class & Time	Class & Time	Class & Time	Class & Time	Class & Time	
9:30 AM	Ballet Technique 9:30-11:00am Michelle	Pilates 9:30-10:30am Heather	Ballet Technique 9:30-11:00am Ashley	Pilates 9:30-10:30am Heather	Ballet Technique 9:30-11:00am Eden	
9:45 AM						
10:00 AM		Ballet Technique 10:30-12:00pm Eden		"Special Topics" Seminar 11:00-12:00pm Ashley		Ballet Technique 10:30-12:00pm Michelle
10:15 AM						
10:30 AM						
10:45 AM	Pointe 11:00-12:00pm Michelle	Break	Break	Break		
11:00 AM						
11:15 AM						
11:30 AM						
11:45 AM	PBT Stretch Focus 12:30-1:30pm Michelle	Contemporary 12:30-1:45pm Eden	Jazz Technique 12:00-1:30pm Ashley	Pointe 12:30-1:30pm Michelle		
12:00 PM						
12:15 PM						
12:30 PM		PVT: 1:30-2:15pm Michelle		PVT: 1:30-2:15pm Ashley	PVT: 1:30-2:15pm Michelle	
12:45 PM						
1:00 PM	PVT: 2:15-3:00pm Michelle	PVT: 1:45-2:30pm Eden	PVT: 2:15-3:00pm Ashley	PVT: 2:15-3:00pm Michelle		
1:15 PM						
1:30 PM						
1:45 PM		PVT: 2:30-3:15pm Eden				
2:00 PM						
2:15 PM						
2:30 PM						
2:45 PM						
3:00 PM						